

The Spa and Salon



The Spa and Salon
at GRAND CARIBE
BELIZE





Dear Guest,

The Spa and Salon at Grand Caribe welcomes you on a sensory journey. Relax your body, soothe your mind and balance your spirit while on vacation. Our spa offers a variety of rejuvenating treatments, packages and salon services sure to awaken your senses.

With a hand-picked team, trained to excellent standards the personalized attention is second to none and sets this experience apart.

The Spa and Salon Team

MASSAGES

AROMATHERAPY

Luxurious, indulgent and entirely personalized to your needs.

This tailor-made, therapeutic full body massage unites effective, targeted massage with soothing and richly nourishing essential oils to add to your sensory experience.

Classic	60 min
Deluxe	90 min
Divine	120 min

SWEDISH

Ease muscular tension and alleviate aches and pains with this stimulating massage.

Firm, targeted techniques effectively release knots and soothe tight muscles and joints, leaving you relaxed and revived.

Classic	60 min
Deluxe	90 min
Divine	120 min

DEEP TISSUE

Alleviate deep-seated tension and muscular stress with this powerful massage.

Specialized techniques increase circulation to the muscle, helping re-align deeper layers of muscle, release chronic patterns of tension and alleviate common areas of discomfort such as a stiff neck, painful lower back and sore, tight shoulders.

Classic	60 min
Deluxe	90 min
Divine	120 min



HOT STONE

A therapeutic full body massage to relieve deep muscle tension.

Allow this combination of aromatherapy oils, warm stones and targeted massage relax your muscles and soothe aches and pains, helping you to unwind and your body to feel rejuvenated.

Classic	60 min
Deluxe	90 min
Divine	120 min

COUPLE'S MASSAGE

Divulge in a therapeutic massage session with your loved one by your side.

Choose from aromatherapy, Swedish, deep tissue, or hot stone to enjoy together. Interested in different things - choose what best suits you individually.

Classic	60 min
Deluxe	90 min
Divine	120 min

BODY TREATMENTS

AFTER SUN POLISH

Experience the Belizean secret to soothe sun-stressed skin with this treatment rich in Aloe Vera, cucumber, coconut oil and Vitamin E.

45 min

PAPAYA HONEY POLISH

A gentle and nourishing scrub is combined with fresh papaya, raw honey, and coconut oil to lightly exfoliate, stimulate, and cleanse your skin.

45 min

GINGER CITRUS SCRUB

Enjoy a relaxing light coconut oil massage followed by an invigorating body scrub of fresh ginger, brown sugar, lemon oil and Vitamin E oil.

45 min

COFFEE SCRUB

Breathe in the rich smell of Belizean coffee with this deliciously invigorating body scrub combined with coconut oil, brown sugar and Vitamin E. This cellulite-targeting treatment starts with a comforting coconut oil massage and promotes brighter looking skin.

45 min

COCOA WRAP

Starting with warm soothing coconut oil massage followed by an indulgent treatment using raw cocoa, vitamin E, and raw honey applied to the body. Leaving the body wrapped for approximately 20 mins.

60 min

SEAWEED WRAP

Known for promoting detoxification and moisturization, this treatments begins with a light coconut oil massage and ends with a warm full body wrap using locally sourced seaweed, Vitamin E and raw honey.

60 min



FACIALS

MUD FACIAL

Using a Mayan clay, this revitalizing masque instantly clarifies deep within the pores. Your skin will be left clarified, moisturized and balanced. This facial includes gentle extractions and a facial massage.

45 min

PAPAYA FACIAL

Papaya contains enzymes that are great for gentle exfoliation, Mixed with raw honey and revitalizing ginger. this facial will leave your complexion smooth and supple. Complete your experience with a gentle facial massage.

45 min

ALOE FACIAL

Restore moisture balance and even skin tone with luscious Aloe Vera, cucumber and lavender. Following a targeted cleanse and gentle extractions will be a gentle facial massage.

45 min

COCOA FACIAL

Raw Belizean Cocoa powder increases blood flow and promotes healing of skin damage caused by UV exposure while raw honey, coconut oil, and vitamin E hydrate the skin. A light facial massage completes this indulgent experience.

45 min

SALON SERVICES

Complete your spa and beauty experience and indulge in our salon. Manicures, Pedicures and a list of pampering and hair care services are available for men and women.

NAILS

- Spa Pedicure
- Gel Pedicure
- Regular Manicure
- Gel Manicure
- Gel Polish
- Regular Polish
- Soak Off
- Acrylic Removal
- Foot Reflexology

MAKEUP

- Natural
- Evening
- Eyelash Individual Extensions
- Eyelash Strip Extensions
- Lash Lift

HAIR

- Wash & Blowout
- Wash & Flat Iron
- Ladies' Wash & Cut
- Men's Wash & Cut
- Keratin Treatment
- Deep Conditioning
- Combination Treatment

HAIR COLOR

- Root Touch Up
- Hair Coloring
- Full Bleach & Color
- Partial Highlights
- Full Highlights





SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our tours desk who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance.

CANCELLATION POLICY

Your initial 50% deposit is non-refundable.

A 100% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time. Late arrival will shorten your treatment time.

ARRIVAL TIME

We recommend you arrive up to 15 minutes in advance of your treatment so that you can change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.

A photograph of a spa reception area. On the left, a wooden reception counter holds a black Acer laptop. Behind the counter is a wall with a blue and white patterned wallpaper and a large TV displaying a waterfall scene. On the right, a white countertop with a grey under-counter refrigerator is visible, with a wall-mounted display of various spa products above it.

GET IN TOUCH

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Open Everyday 9:00 am to 5:00pm

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